

TRADING ACTION CHECKLIST

Use this checklist to maximize your chance of making a successful trade and understanding your trades later.

Symbol: _____ **Name:** _____ **Entry Date:** _____

Action Taken: _____

Why Now? _____

3-Day Rule Violation: YES -or- NO **If YES, why?** _____

Entry Price: _____ **Support Price:** _____ **Stop Price:** _____ **Stop %:** _____

Reasons to Sell: 1) Falls Below: _____ 2) Rises To: _____ 3) Other: _____

Next Entry at: _____

Exit Date: _____ **Result:** _____

Comments: _____

Lessons Learned: _____

Prior Mistakes Repeated: _____

