

Chart of the Day **Smooth Sailing on International Seaways \$INSW**

July 23, 2026

Scott McGregor highlights International Seaways (**\$INSW**) as a standout play showing relative strength while the rest of the market experiences volatility. Speaker **Scott McGregor** notes that although the stock dipped under its 50-day moving average for the better part of 2026, it has maintained a clean uptrend above its 8-day and 21-day exponential period moving averages. He attributes this ongoing profitability in a rough economy to global shipping problems and geopolitical conflicts in the Middle East. With four consecutive quarters of positive earnings reports and its next earnings date not due until mid-August, **Scott McGregor** outlines a precise technical entry trigger and stop-loss level to trade this relative strength safely.

Next Steps:

1. Set a Price Alert: Place a technical price notification to watch for a move through and a daily close above 9210 on International Seaways (\$INSW).
2. Verify the Close: Confirm that the stock achieves a daily close above the 9210 pivot before executing an entry.
3. Define Risk Limits: Place an initial protective stop-loss down around the 21-day exponential period moving average.
4. Track the Calendar: Monitor position sizing and performance ahead of the company's next earnings report in the middle of August.

Transcript:

[0:01] Hey everyone, good evening. It's Scott

[0:04] at scottrades on x with

[0:06] stockmarketmentor.com

[0:08] and my chart of the day. Want to take a

[0:11] look at international seaways. This is

[0:13] ticker INSW.

[0:15] Now, while the rest of the market whips

[0:17] around, it's been smooth sailing here on

[0:20] International Seaways. Though the stock

[0:22] has dipped under its 50-day moving

[0:24] average for the better part of 2026,

[0:28] it's remained in a nice strong uptrend

[0:30] and above its 8-day and 21-day

[0:33] exponential period moving averages here.

[0:35] And that signifies a pretty strong

[0:37] uptrend. Now, it's still strong in a
[0:40] whippy market, I believe, for obvious
[0:43] reasons because of what's going on in
[0:45] the Middle East because of the uh
[0:47] shipping problems that have been
[0:49] happening around the world. And we're
[0:51] seeing stocks like International Seaways
[0:54] continue to be profitable in a rough
[0:57] economy. Now, you can see the green
[0:59] boxes here. And it's had positive
[1:02] earnings reports the last four quarters.
[1:05] And its next earnings report isn't until
[1:08] the middle of August. And so, I
[1:10] certainly think this could be a safe
[1:11] play in a hard market. And what I would
[1:14] look for for an entry on this stock is a
[1:16] move through and a close above 9210.
[1:20] watch for a move through and a close
[1:21] above 9210. And on an initial entry on
[1:25] that, I think you could put a stop down
[1:27] around the 21-day exponential period
[1:29] moving average. So, that's just one of
[1:31] many stocks that we're trading right now
[1:33] over at stockarketmentor.com.
[1:36] I hope that was helpful. My name is
[1:37] Scott McGregor at scottrades@stockarketmentor.com. I'll
[1:40] see you in the next one.