

## Chart of the Day

### Need some assistance on the assisted living group?

October 22, 2026

Dan Fitzpatrick highlights a major market divergence: while tech heavyweights like NVIDIA (\$NVDA) and Meta Platforms (\$META) struggle with weak, "nasty-looking" charts ahead of earnings, assisted living and healthcare REIT stocks are exhibiting constructive momentum. Dan Fitzpatrick invites viewers to attend a complimentary four-part live masterclass walking through the core principles of his upcoming book, *The 7 Deadly Trading Mistakes, and the Smart Way to Fix Them*. Turning to actionable charts, Dan Fitzpatrick analyzes outperforming senior housing and healthcare names, including Brookdale Senior Living (\$BKD), The Pennant Group (\$PNTG), LTC Properties (\$LTC), Patriot Transportation (\$PAX), and Welltower (\$WELL). However, because technical breakouts have recently failed across the broad market, Dan Fitzpatrick recommends buying pullback retests near structural support rather than chasing extended breakouts.

#### Next Steps:

- ☐ Register for the Complimentary Masterclass: Scan the on-screen QR code or visit [StockMarketMentor.com](https://StockMarketMentor.com) to register for Dan Fitzpatrick's free four-part live teaching series starting Monday (covering *The 7 Deadly Trading Mistakes*).
- ☐ Avoid Weak Tech Charts: Refrain from buying active dips or covering shorts prematurely in weak, breakdown charts like Meta Platforms (\$META) or NVIDIA (\$NVDA) ahead of upcoming earnings reports.
- ☐ Stalk Pullback Entries on Senior Living / Healthcare REITs:
  - Brookdale Senior Living (\$BKD): Monitor positive technical momentum on above-average daily volume; define trade risk using an invalidation stop placed just beneath recent intraday lows.
  - The Pennant Group (\$PNTG): Avoid chasing new high breakouts; wait for a shallow pullback to establish a low-risk entry.
  - LTC Properties (\$LTC): Set price alerts near upper resistance (\$44.00) and lower range support to catch a range-bound resolution.
  - Patriot Transportation (\$PAX) & Welltower (\$WELL): Track *PAX* for sector continuation and set a breakout alert on *WELL* above the \$240.00 resistance floor.
- ☐ Enforce Cash Preservation: When broad market setups remain sparse and breakouts fail, restrict trading activity and hold higher cash reserves.

#### Transcript:

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00:00:02.170 --> 00:00:20.400

Dan Fitzpatrick: Yeah, hey guys, Dan here. And, I want to first, before we get started, I'm going to show you some assisted living houses, or some assisted living stocks, which I've talked about many times before, but it's been a while, and the reason is because it hadn't really been relevant. But I first...

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00:00:20.400 --> 00:00:29.650

Dan Fitzpatrick: want to, invite you to come to a four-day, or a four-part, I should say, live session on

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00:00:29.650 --> 00:00:40.889

Dan Fitzpatrick: the contents of my new book, The 7 Deadly Trading Mistakes, and the Smart Way to Fix Them. That book is actually being released, I believe it's on Saturday.

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00:00:41.600 --> 00:00:58.230

Dan Fitzpatrick: Saturday or Sunday, so you can be the first kid on your block to get it. You can just go to the top of... you can look on Amazon or go to the top of the website and find that. But what I'd like you to do is come to these sessions, they're free, and nothing...

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00:00:58.810 --> 00:01:11.509

Dan Fitzpatrick: No strings attached, I'm just doing it because I believe in the, content in this book, and I am very confident that it can help you, make some money, certainly by

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00:01:11.540 --> 00:01:17.410

Dan Fitzpatrick: doing the right things and to avoid doing the wrong things. So, this is how it will work.

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00:01:17.410 --> 00:01:41.369

Dan Fitzpatrick: There's 4 sessions, starting on Monday, and then another one on Thursday, then the following Monday, and the following Thursday. And you can see what the content's gonna be here. These are all... I've spent a lot of time on this book, and so, what I want you to do, you can if you want, is just scan this QR code. It's... Probably the biggest QR code I've ever seen.

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00:01:41.370 --> 00:01:53.269

Dan Fitzpatrick: But I'm sure you can do it. So, anyway, that is what I'm inviting you to do, and seriously, I know we've already got a lot of, a lot of signups already, but.

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00:01:53.930 --> 00:02:10.229

Dan Fitzpatrick: seats aren't limited. It's online, so as many people as want to come can come. No sense of urgency, but I do think this is going to be a good session for you. So, this is what I want to look at today, just real quick. Look, stuff like...

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00:02:10.289 --> 00:02:19.499

Dan Fitzpatrick: you know, the bellwether, NVIDIA, oh, hey, you know, that's not working. Meta, you know, that, like, really went dumpster diving there.

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00:02:20.010 --> 00:02:21.320

Dan Fitzpatrick: These stocks...

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00:02:22.560 --> 00:02:34.209

Dan Fitzpatrick: you know, they're really not working, not to a point where I want to buy this. I mean, the only reason I would consider buying this is if I was covering a short.

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00:02:34.210 --> 00:02:46.990

Dan Fitzpatrick: But I wouldn't even cover a short here. I mean, this thing is definitely, this definitely ready to go, oh, to go lower, and the earnings are on the 28th, so we've got one more trading day.

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00:02:46.990 --> 00:02:54.370

Dan Fitzpatrick: My bet is this will be down lower tomorrow. I wouldn't put money on it, I don't like to bet, but this is a really, really...

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00:02:56.220 --> 00:03:11.069

Dan Fitzpatrick: This is a really nasty-looking chart. So, then, when I can go to the other extreme and say, okay, what are good-looking charts? I go to the assisted living stocks. This, for example, now, you have to watch out for liquidity here.

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00:03:11.080 --> 00:03:17.860

Dan Fitzpatrick: Almost 208,000 shares traded, but that's about... Twice.

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00:03:18.330 --> 00:03:28.849

Dan Fitzpatrick: average volume. But you can see the momentum indicator is showing clearly up, so this is a stock that I believe is going higher, and you just need to protect

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00:03:28.850 --> 00:03:52.189

Dan Fitzpatrick: protect your trade, with a stop, and I think you could really put one just underneath yesterday's, maybe even today's intraday low, so you really wouldn't be risking that much, but, this stock looks good. The pennant group, I don't know why I call it Pantages, well, I kind of do because of the ticker, but the pennant group, this is another one, you gotta watch the liquidity on this as well.

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00:03:52.190 --> 00:03:55.120

Dan Fitzpatrick: But this is in a really nice pattern.

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00:03:55.160 --> 00:03:58.749

Dan Fitzpatrick: You know, you look at this. This is a better pattern.

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00:03:59.030 --> 00:04:00.460

Dan Fitzpatrick: Then this.

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00:04:00.650 --> 00:04:14.089

Dan Fitzpatrick: They're just better. So this is another one where I would say, if the stock can run up to here, it's something that you might want to buy. I told my members that I would actually rather

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00:04:15.120 --> 00:04:25.450

Dan Fitzpatrick: get this on a pullback, if we can get one, for the pure and simple reason that, think about it, breakouts haven't been working. And when breakouts aren't working.

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00:04:25.770 --> 00:04:34.549

Dan Fitzpatrick: you don't want to be buying breakouts. It's pretty much that simple. Okay, so then we move on, I got 3 more. Ltc.

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00:04:34.620 --> 00:04:49.390

Dan Fitzpatrick: Still in consolidation here, but if this thing runs up, to close to 44 or something, I just want to know about it. And if it falls down here, right about to this level, I want to know about this, too.

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00:04:49.450 --> 00:05:13.639

Dan Fitzpatrick: Okay? And then PAX. I talked about this today, I think, but I haven't put it on the trading list. But this has plenty more liquidity in it, and this is kind of getting ready to move. They don't report earnings for a while, we don't have any earnings risk now. But if the rest of the stock moves higher, or the rest of the sector moves higher, this will too. And then the last one is Well Tower.

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00:05:14.140 --> 00:05:22.259

Dan Fitzpatrick: It, you know, it took a... took a haircut here, went down to the... to the barber shop, and had a little haircut, a little light.

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00:05:22.860 --> 00:05:40.550

Dan Fitzpatrick: taken off the sides. But if this thing breaks above 240, this could run really nicely, but again, here's the... here's your issue there. So, the bottom line, though, is there's not that much to do in the market, and when there's not that much to do.

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00:05:40.760 --> 00:05:42.629

Dan Fitzpatrick: You do very little.

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00:05:42.630 --> 00:06:07.310

Dan Fitzpatrick: One thing that, again, I want you to do is come to my thing, next week. I want you to register, so that you can get on the email list, and then we'll let you know. We'll send... we'll let you know exactly when it's starting, because I'm just telling you, these things are going to be really, really good for you to be at, and I'll tell you why. Because I'm teaching them, I'm making the material, I literally wrote the book, so I want

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00:06:07.310 --> 00:06:08.709

Dan Fitzpatrick: you there, okay?

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00:06:08.740 --> 00:06:16.780

Dan Fitzpatrick: Do the QR code, you're good to go. Okay, guys, that's all I got for you. I will see you next time.